

### UDM<sup>™</sup> Mobile Bearing Hip System



### Surgical Technique Guide

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### Device Description

### UDM –

The United Dual Mobility (UDM) Acetabular System is applied in a primary or revision total hip arthroplasty for acetabulum reconstruction. Based on two classic concepts, Sir Charnley's low friction principle and the anti-dislocation theory by using larger femoral head diameter, the cobalt-chrome alloy-based UDM Acetabular System provides greater range of motion and superior jumping distance to reduce the risk of component impingement and joint dislocation. The advanced TPS PLUS/ TPS PLUS with HA surface coating for cementless cup options contribute sufficient initial stability and enhances long-term osteointegration, while the classic discharge grooves design for cemented cup option promotes even cement distribution and implant stability. Various implant types are provided for fulfilling clinical demand:

UDM cups:

- Press-fit cup
- Peg-fixed cup
- Cemented cup

Mobile liner materials:

- XPE (Highly Crosslinked Polyethylene)
- E-XPE (Vitamin E Highly Crosslinked Polyethylene)

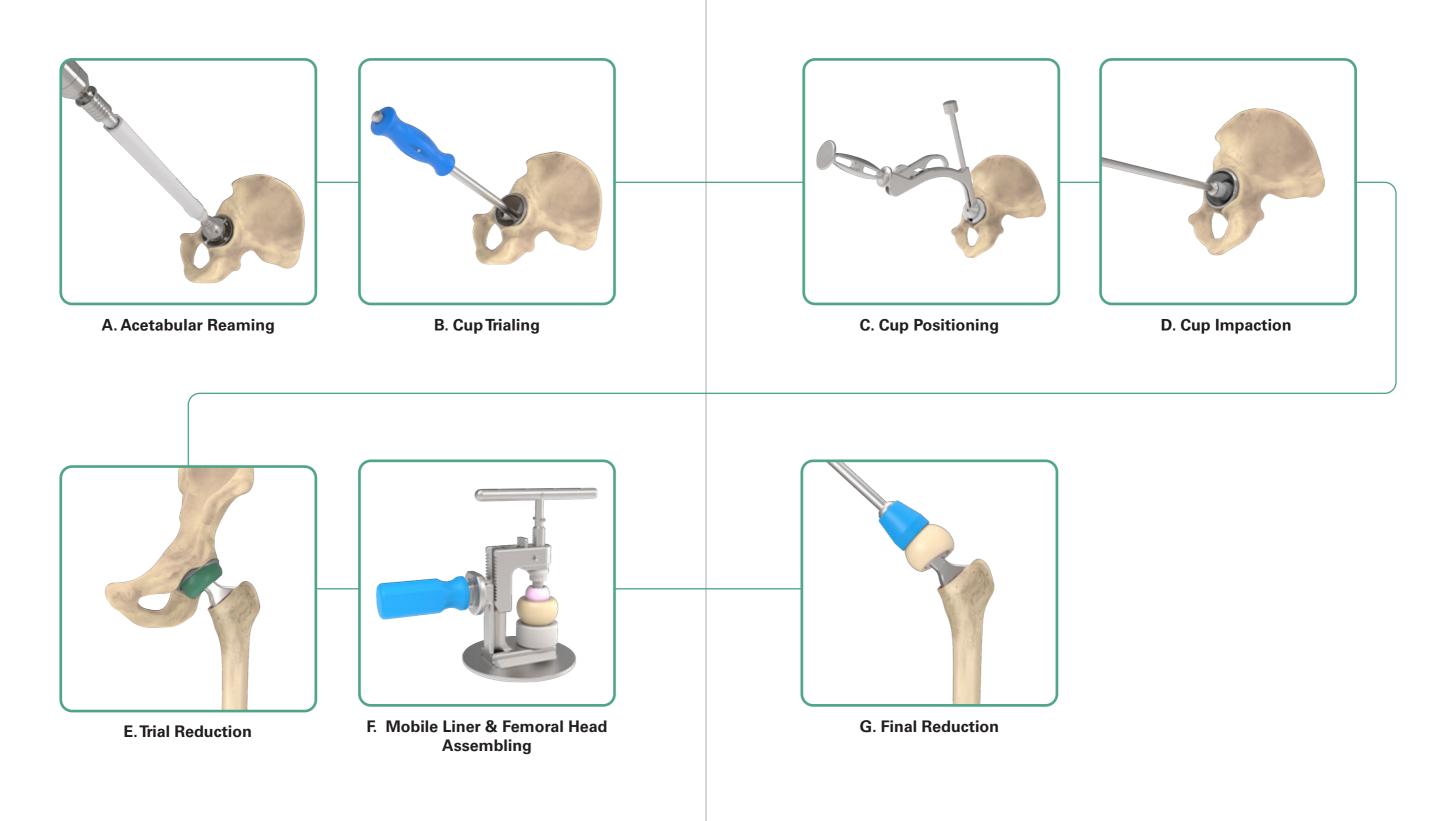
### INDICATIONS

- 1. Painful, disabling joint disease of the hip resulting from: degenerative arthritis, rheumatoid arthritis, post-traumatic arthritis or late stage avascular necrosis.
- 2. Revision of previous unsuccessful femoral head replacement, cup arthroplasty or other procedure.
- 3. Clinical management problems where arthrodesis or alternative reconstructive techniques are less likely to achieve satisfactory results.
- 4. Correction of functional deformity.
- 5. Treatment of nonunion femoral neck and trochanteric fracture of the proximal femur with head involvement that is unmanageable using other techniques.
- The device is intended for cementless use except the cemented dual mobility cup is for cemented use only.

Please refer to the package inserts for important product information, including, but not limited to contraindications, warnings, precautions, and adverse effects.



## Surgical Overview



### Product Overview

### **Dual Mobility Acetabular Cup**







Press-fit DM Cup Peg-fixed DM Cup Cemented DM Cup Mobile Liner **XPE Mobile Liner** E-XPE Mobile Liner **Femoral Head** CoCr alloy BIOLOX<sup>®</sup> delta Femoral Head Femoral Head

Note: The compatibility of UDM cup and mobile liner are restricted in certain area, please contact with your United representative or local distributor for further information.

## Preoperative Planning and Templating

The reconstruction of hip anatomy and restoration of joint biomechanics are the main objectives in restoring joint function through total hip replacement. A comprehensive analysis of the affected hip is needed. Anteroposterior (A/P) and lateral roentgenographic images are crucial to help determining hip rotational center and correcting component size. An A/P roentgenographic image of the pelvis may be necessary to verify preoperative decisions by comparing with the contralateral side.

Templating the outline of the component which best fits the acetabulum is recommended, thus an ideal implant position and a correct sizing can be achieved. The template of acetabular cup should be positioned towards the medial aspect of the acetabulum as possible, simultaneously, the appropriate center of rotation is important to consider in restoring optimal hip biomechanics.

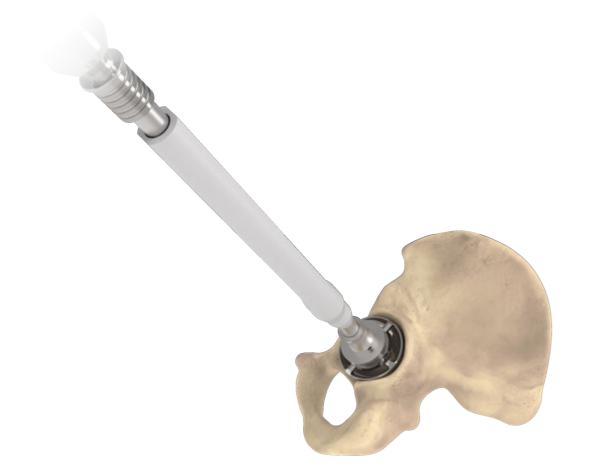
Please note the UDM system is a concentric design. Care should be taken to avoid overlap between the component and the teardrop, any uncovering of the component, and inclination over 45°. However, the final determination should be made depending on the actual condition and patient's needs during surgery.



### A.Acetabular Reaming

Appropriate reaming of the acetabulum is important for the cup to be fully seated within. It is important to understand that the labeled size on the Dual Mobility instrumentation is an nominal dimension. All articular cartilage, osteophytes, and any soft tissues should be removed throughout the reaming process.

Hold the **Cup Reamer Handle** at an abduction of 40°- 45° and an anteversion of 15°-20°. Utilize the smallest **Cup Reamer** to begin acetabular reaming, then gradually proceed with enlarged reamers in 1-2 mm increments until the planned size is achieved.







Cup Reamer Handle

Cup Reamer

## A.Acetabular Reaming

### Press-fit and Peg-fixed DM Cup

The implant with TPS PLUS type has 0.35 mm surface coating thickness on each side. For example, a 58 mm cup of TPS PLUS type represents a 58.7 mm at the outer diameter.

The under reaming of the cavity by 1 mm is recommended. Sometimes a line-to-line reaming would be required to treat an acetabulum with high bone density.





A 58 mm reamer reams for a 58 mm cup

A 58 mm cup trial is 58 mm in diameter

### **Cemented DM Cup**

A 2 mm cement mantle thickness is recommended for centralizing the component and providing sufficient holding strength.





A 58 mm reamer reams for a 58 mm cup





A 58 mm cup is 58.7 mm in diameter with coating

A 58 mm cup trial is 58 mm in diameter



A 54 mm cement cup is recommended for 2 mm cement mantle thickness

## B.Cup Trialing

A trial of the same size as the reamer allows assessment of the fit and position of the cup. Key characteristics of the cup trial are as follows :



A Notch shows the position of the flange for the Peg-fixed DM Cup.

**B** Two holes indicate the position of the pegs for Peg-fixed DM Cup.

**C** The extended 3 mm rim represented as the implant for directional confirmation.

### Note:

If a Cemented DM Cup is desired, the cup diameter will be 4 mm lesser than the **DM Cup Trial** due to preserved 2 mm circumferential cement mantle thickness. For example, if a 58 mm **DM Cup Trial** is applied for confirmation, the 54 mm Cemented DM Cup implant should be selected for final implantation.

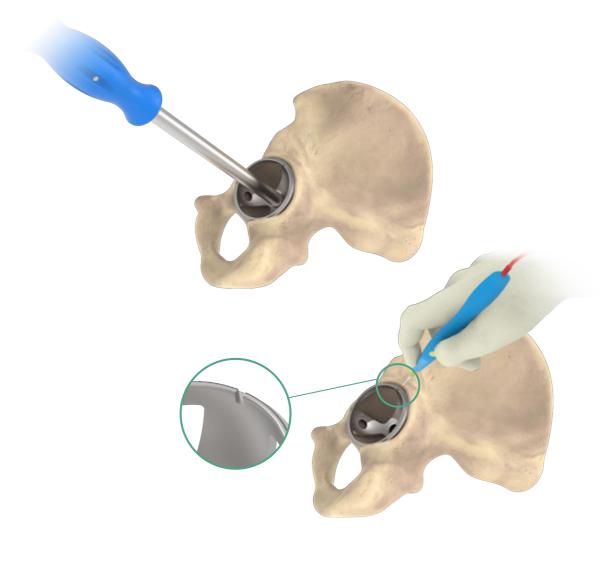
### Instruments





## **B.Cup**Trialing

Connect the **Cup Trial Handle** and the **DM Cup Trial** with the selected size. Place the trial into the reamed acetabulum to check the congruency between the bone and trial and also to confirm stability. If a Peg-fixed DM cup is utilized, the notch on the rim of **DM Cup Trial** indicates the location where the flange will be placed. Mark the direction of the flange as needed.



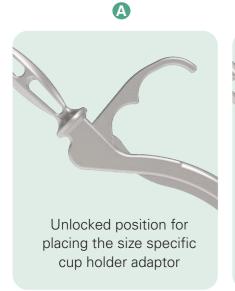


Cup Trial Handle

DM Cup Trial

## C.Cup Positioning

The United DM Cup provides Offset Cup Positioner to accommodate anterior hip approaches and MIS approaches. It is used to hold and to position the implant. An optional Holder Shaft indicates the vertical axis or 45° angle compared to the cup face.



B

Neutral position



C

C

grips the cup trial or final implant for insertion

## **C.Cup** Positioning

The size specific Cup Holder Adaptors allow the cup trial or final implant to be held securely. Its characteristics are as follows:



Offset Cup Positioner

Straight Cup Positioner

- A Notch designed to be aligned to the laser mark on the rim of the DM Cup.
- B The apex of the triangular size helps align with the laser mark on the rim of the cup.
- **(**) The mark on the adaptor indicates the correct orientation for the adaptor.

Open the lever of the **Cup Positioner** to the unlocked position. Then, assemble the **Cup Holder** Adaptor to the Cup Positioner. The size of the Cup Holder Adaptor should be consistent with the

The tip of triangular marks on both instruments should orient towards each other.



# C.Cup Positioning

Mount the selected cup to the **Cup Holder Adaptor**. To confirm correct orientation of the cup, ensure the notch, laser marks, and the apex of the triangular size indicator on the **Cup** Holder Adaptor align with the laser mark on the rim of the cup. Lock the Cup Positioner so that the cup can be tightly held.



Straight Cup Positioner Offset Cup Positioner

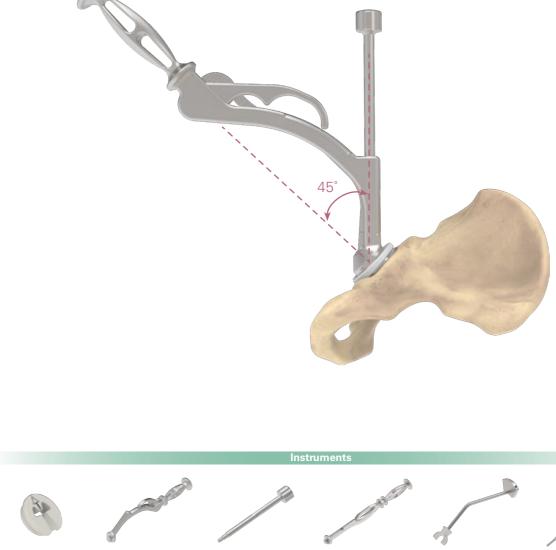
Cup Holder Adaptor

# C.Cup Positioning

Before inserting the cup, assemble the Holder Shaft onto the Offset Cup Positioner for alignment reference and handling. A 45° inclination is recommended for general cup orientation.

### **Note**:

If a Straight Cup Positioner is utilized, the Alignment Tower and Alignment Rod can be set on the positioner as a reference.



Cup Holder Adaptor

Offset Cup Positioner

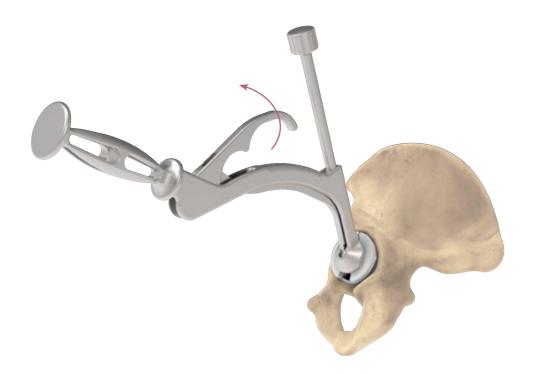
Holder Shaft

UDM

Straight Cup Alignment Tower, Alignment Rod Positioner Lateral

# **C.Cup** Positioning

Insert the selected cup, position as outlined above, and proceed with impaction. Once the cup is in the optimal position and full seated, unlock the **Cup Positioner** to release the cup. Remove the Cup Positioner and Cup Holder Adaptor from the cup implant.



### **Note**:

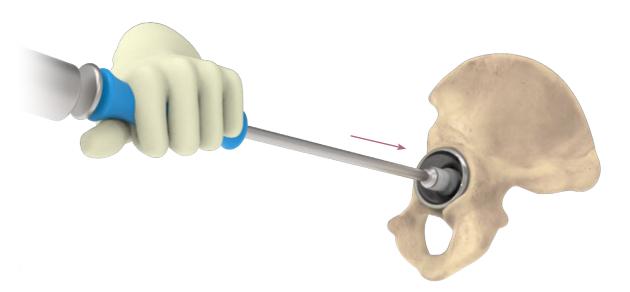
Impingement of iliopsoas muscle at the anteromedial region must be avoided. In general, the most extruded rim/flange should be located towards the posterosuperior region to provide greater jumping distance for the mobile liner without causing serious soft tissue impingement.



## **D.Cup Impaction**

cup until fully seated.

If a Peg-fixed and Cemented DM cup is applied, please refer to the Appendix for guidance.





**Cup Holder Adaptor** 

Offset Cup Positioner

Holder Shaft

Straight Cup Alignment Tower, Positioner

Lateral

Alignment Rod

Universal Handle

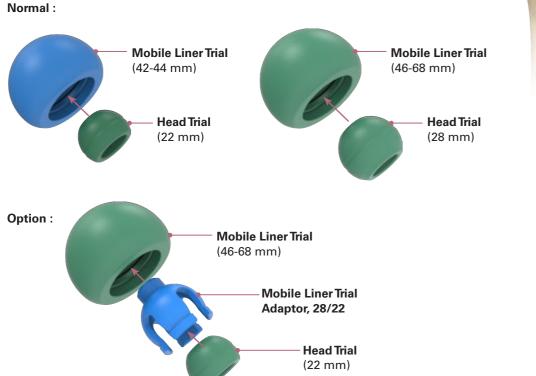
Final Cup Impactor

### Connect the Universal Handle to the Final Cup Impactor. Use the blunt end to impact the

## **E.Trial Reduction**

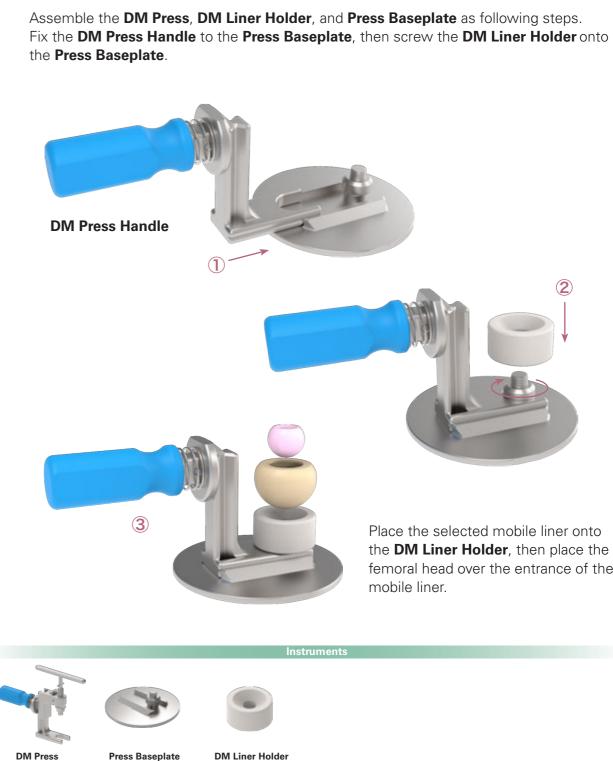
Place the Mobile Liner Trial with the selected head trial, then perform a trial reduction to check the mobility and stability of the structure.

The Green Mobile Liner Trial are used with head trials of Ø 28 mm. To carry out trialing with Ø 22 mm heads, it is necessary to combine the Green Mobile Liner Trial and Mobile Liner Trial Adaptor, 28/22.





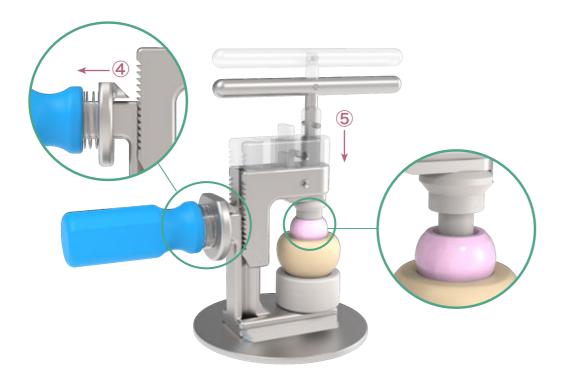
## F. Mobile Liner & Femoral Head Assembling



Place the selected mobile liner onto the DM Liner Holder, then place the femoral head over the entrance of the

## F.Mobile Liner & Femoral Head Assembling

Pull the collar on the DM Press Handle to seat the body onto the femoral head.



Rotate the press handle clockwise until the femoral head is forced into the mobile liner.

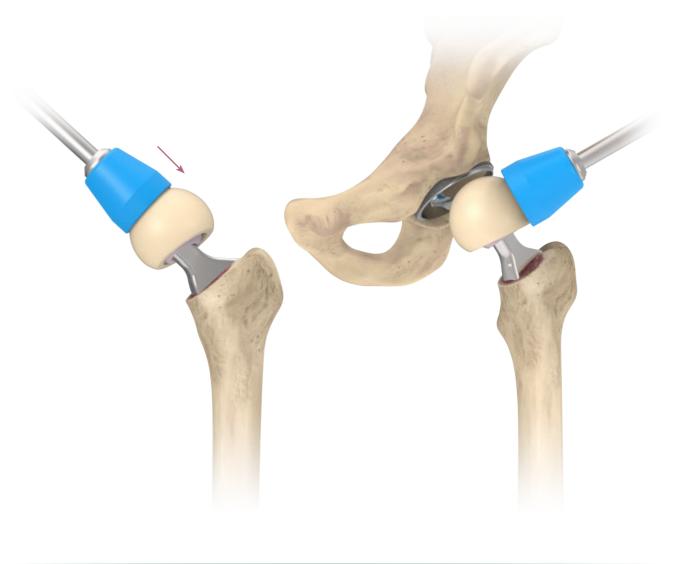
During assembly of the liner onto the head, the user will feel resistance increase twice and

hear two noises as the head passes the retentive bore and then air escapes from the bearing.

Correct assembly is confirmed when the femoral head rotates freely in the mobile liner.

## **G.Final Reduction**

Engage the final liner/head structure to the trunnion of the femoral stem. Connect the Universal Handle to the Liner Head Impactor and impact the liner/head structure against the trunnion. Clean the articulating surface of the cup and finish the reduction. Check the range of motion and joint stability again before closing the incision.







Universal Handle

Liner Head Impactor

## Appendix

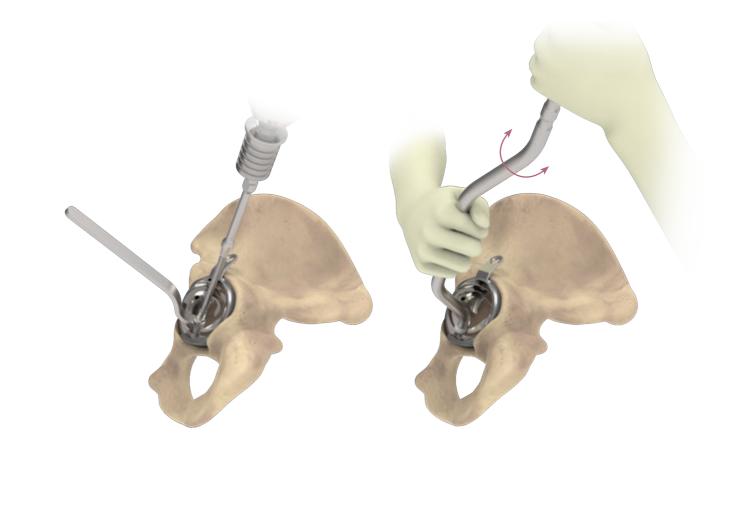
### Peg-fixed DM Cup A. Flange Bending

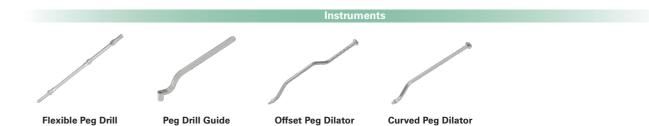
The flange on the Peg-fixed DM Cup is pre-bent. The angle and curvature of the flange can be adjusted by using the **Flange Bender** to further bend the flange for improving anatomical fit.

### Appendix

### **B.** Peg Space Preparation

Peg Dilator to create the space for pegs.







Flange Bender

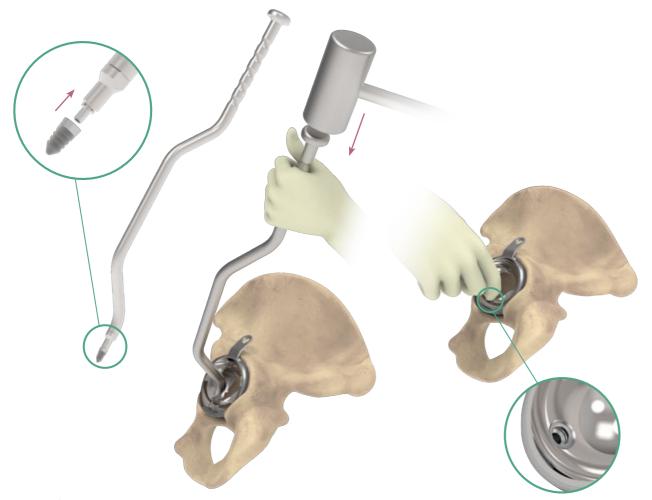


### Use the Flexible Peg Drill to create the pilot holes through the Peg Drill Guide. Then, use

## Appendix

### C. Peg Insertion

Attach the peg onto the **Peg Inserter**, insert into the peg holes on the cup, then moderately impact the peg into the peg hole. Fully impact the peg ensuring the peg is fully seated. Confirm the no eminence of peg from the articulating surface of the cup. Then, continue with the second peg preparation.



### Note:

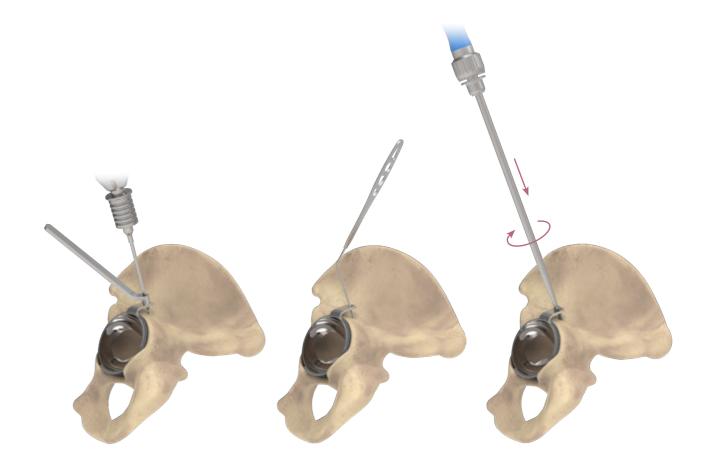
Check that the pegs do not stand proud from the inner surface of the cup.

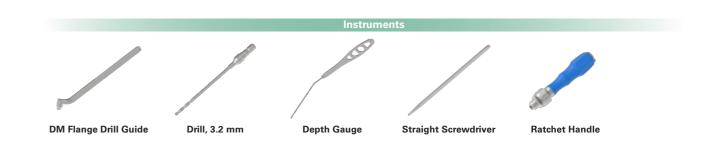
Curved Peg Inserter Offset Peg Inserter

## Appendix

### **D. Screw Fixation**

Place the **DM Flange Drill Guide** into the screw hole on the flange, and drill through the guide using the **Drill**, **3.2 mm**. The recommended drilling depth is to the inner edge of the second cortex. Measure the required length of screw using the **Depth Gauge**, then insert the selected cobalt-chrome cortical screw by using the **Screwdriver** with **Ratchet Handle**. Tightly secure the screw to accomplish the fixation of peg-fixed DM cup.



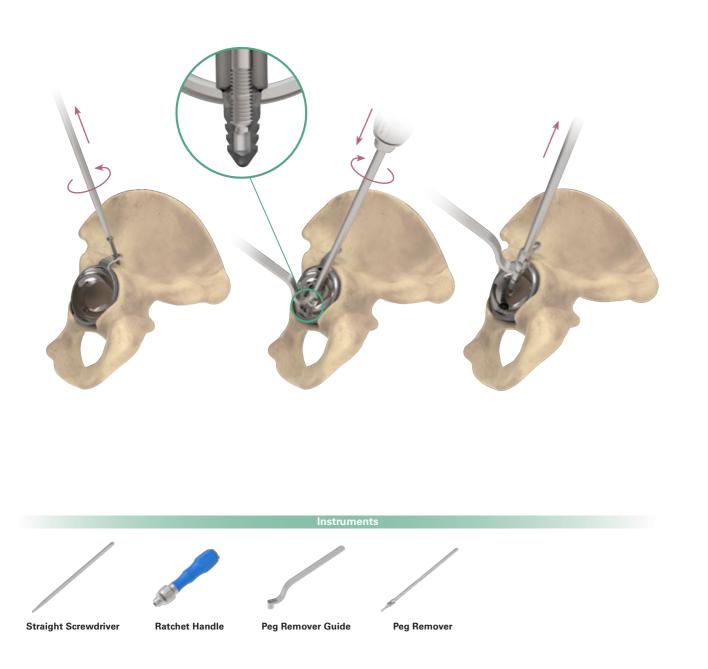


## Appendix

### E. Peg Removal

Extract the cobalt-chrome cortical screw by using the **Screwdriver** with **Ratchet Handle**. Screw the **Peg Remover** into the thread inside the peg through the **Peg Remover Guide** , then the **Peg Remover** will pull the peg out.

Repeat for the second peg.



## Appendix

### **Cemented DM Cup**

Prepare cement to the desired level of viscosity. Put the cement into the reamed acetabulum and onto the backside of the cemented cup. Place the cup into acetabulum and remove the redundant cement. Note a 2 mm cement mantle is recommended for centralizing the component and providing sufficient holding strength. Hold the Cup Positioner in position until the cement is fully set. Disengage the Cup Positioner and the Cup Holder Adaptor.







Straight Cup Positioner

Cup Holder Adaptor Positioner

### Special Order Items

## Order Information

		Catal	og Number	Description
Press-fit cup		TPS PLUS	TPS PLUS with HA	
TPS PLUS	TPS PLUS with HA	1307 - 1242 1307 - 1244 1307 - 1246	1307 - 1042 1307 - 1044 1307 - 1046	OD 42 mm OD 44 mm OD 46 mm
		1307 - 1248 1307 - 1250 1307 - 1252 1307 - 1254	1307 - 1048 1307 - 1050 1307 - 1052 1307 - 1054	OD 48 mm OD 50 mm OD 52 mm OD 54 mm
		1307 - 1256 1307 - 1258 1307 - 1260	1307 - 1056 1307 - 1058 1307 - 1060	OD 56 mm OD 58 mm OD 60 mm
		1307 - 1262 1307 - 1264 1307 - 1266 1207 - 1266	1307 - 1062 1307 - 1064 1307 - 1066 1307 - 1066	OD 62 mm OD 64 mm OD 66 mm
Peg-fixed Cup		1307 - 1268 TPS PLUS	1307 - 1068 TPS PLUS with HA	OD 68 mm
TPS PLUS	TPS PLUS with HA	1307 - 5242 1307 - 5244	1307 - 5042 1307 - 5044	OD 42 mm OD 44 mm
No.		1307 - 5246 1307 - 5248 1307 - 5250	1307 - 5046 1307 - 5048 1307 - 5050	OD 46 mm OD 48 mm OD 50 mm
		1307 - 5252 1307 - 5254 1307 - 5256	1307 - 5052 1307 - 5054 1307 - 5056 1307 - 5056	OD 52 mm OD 54 mm OD 56 mm
		1307 - 5258 1307 - 5260 1307 - 5262	1307 - 5058 1307 - 5060 1307 - 5062	OD 58 mm OD 60 mm OD 62 mm
		1307 - 5264 1307 - 5266 1307 - 5268	1307 - 5064 1307 - 5066 1307 - 5068	OD 64 mm OD 66 mm OD 68 mm
Cem	ented Cup		7 - 3042 7 - 3044	OD 42 mm OD 44 mm
É		130 130 130	7 - 3046 7 - 3048 7 - 3050 7 - 3052	OD 46 mm OD 48 mm OD 50 mm OD 52 mm
		130 130	7 - 3054 7 - 3056 7 - 3058 7 - 3060	OD 54 mm OD 56 mm OD 58 mm OD 60 mm
			7 - 3062 7 - 3064	OD 62 mm OD 64 mm
Cobalt-chror	ne Cortical Screw		7 - 1025 7 - 1030	Ø4.5 × 25 mm Ø4.5 × 30 mm
		510 510 510	7 - 1030 7 - 1035 7 - 1040 7 - 1045 7 - 1050	Ø4.5 × 30 mm Ø4.5 × 35 mm Ø4.5 × 40 mm Ø4.5 × 45 mm Ø4.5 × 50 mm
		510	7 - 1055 7 - 1060 7 - 1065	Ø4.5 × 55 mm Ø4.5 × 60 mm Ø4.5 × 65 mm

## Order Information



BIOLOX<sup>®</sup> delta Femoral Head

U2 Femoral Head



\* The actual spherical diameter of a 22 mm metal head is 22.2 mm. \*BIOLOX® is a registered trademark of the CeramTec Group, Germany

Cata	loa	Num	ber

### XPE

E-XPE

1207 - 1442	1207 - 3442	OD 42 mm, ID 22 mm
1207 - 1444	1207 - 3444	OD 44 mm, ID 22 mm
1207 - 1446	1207 - 3446	OD 46 mm, ID 22 mm
1207 - 1448	1207 - 3448	OD 48 mm, ID 22 mm
1207 - 1450	1207 - 3450	OD 50 mm, ID 22 mm
1207 - 1452	1207 - 3452	OD 52 mm, ID 22 mm
1207 - 1454	1207 - 3454	OD 54 mm, ID 22 mm
1207 - 1456	1207 - 3456	OD 56 mm, ID 22 mm
1207 - 1458	1207 - 3458	OD 58 mm, ID 22 mm
1207 - 1460	1207 - 3460	OD 60 mm, ID 22 mm
1207 - 1462	1207 - 3462	OD 62 mm, ID 22 mm
1207 - 1464	1207 - 3464	OD 64~68 mm, ID 22 mm
1207 - 1646	1207 - 3646	OD 46 mm, ID 28 mm
1207 - 1648	1207 - 3648	OD 48 mm, ID 28 mm
1207 - 1650	1207 - 3650	OD 50 mm, ID 28 mm
1207 - 1652	1207 - 3652	OD 52 mm, ID 28 mm
1207 - 1654	1207 - 3654	OD 54 mm, ID 28 mm
1207 - 1656	1207 - 3656	OD 56 mm, ID 28 mm
1207 - 1658	1207 - 3658	OD 58 mm, ID 28 mm
1207 - 1660	1207 - 3660	OD 60 mm, ID 28 mm
1207 - 1662	1207 - 3662	OD 62 mm, ID 28 mm
1207 - 1664	1207 - 3664	OD 64~68 mm, ID 28 mm

1206 - 1122	* Ø22 mm, +0 mm
1206 - 1322	* Ø22 mm, +3 mm
1206 - 1522	* Ø22 mm, +6 mm
1206 - 1722	* Ø22 mm, +9 mm
1201 - 1028	Ø28 mm, -3 mm
1201 - 1128	Ø28 mm, +0 mm
1201 - 1228	Ø28 mm, +2.5 mm
1201 - 1428	Ø28 mm, +5 mm
1201 - 1628	Ø28 mm, +7.5 mm
1201 - 1828	Ø28 mm, +10 mm

1203 - 5028	Ø28 mm, S -2.5 mm
1203 - 5228	Ø28 mm, M +1 mm
1203 - 5428	Ø28 mm, L +4 mm





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